780-224-9091 emma@PeriwinkleRE.com 305-6720 112 Street NW Edmonton, AB T6H 3J8

Emma Wilkins

Education

Masters of Public Health – Health Promotion

2010

University of Alberta

Bachelor of Science Honours – Bio-Medical Sciences

2005

University of Guelph

Relevant Experience

Research Coordinator

Jan '11 - present

Eco-PAtH Research Lab, University of Alberta

- Oversight of day-to-day research activities, mentorship of 3-5 research assistants (graduate students), and management of 6-7 applied research and evaluation projects at any given time.
- Currently leading the evaluation of a Primary Care Network's mindfulness program
 in schools. Completed two logic models, an evaluation framework, an approved
 ethics application, online surveys, interviews, focus groups, and a drawing activity
 with children.
- Completed a process evaluation for the Government of Alberta that involved evaluating the pilot implementation of a policy development tool through observation and 5 one-on-one interviews.
- Coordinated the development of two CIHR Open Operating Grant applications. In addition to managing team members input, this including writing and justifying large budgets and drafting and reviewing sections of the proposal.

Evaluation Contract

Dec '12 - Dec '14

Contracted by the Edmonton Multicultural Coalition (EMC)

- Completed a Needs Assessment, incorporating Gender-based Analysis
- Completed a process and outcome evaluation on a participatory program focused on building leadership skills in young women and girls in Edmonton's ethnocultural communities.
- Worked closely with the project coordinator to develop a logic model, evaluation framework, and interview guides, and facilitated the development of evaluation forms for the program's working group to use at their events.
- Captured 'Lessons Learned', 'Promising Practices', and 'Opportunities Going Forward' that have the potential to enable increased efficiency for EMC.

Emma Wilkins

780-224-9091 emma@PeriwinkleRE.com 3025-6720 112 Street NW Edmonton, AB T6H 3J8

Evaluation Coordinator

Aug '09 - Jun '11

Alberta Healthy School Community Wellness Fund, University of Alberta

- Developed a Reporting and Reflection Tool to track the progress and outcomes of projects funded by the Wellness Fund. Organized and conducted 15 reporting tooltraining sessions with 52 project coordinators.
- Completed a research study and peer-reviewed publication that required interviewing 12 participants and conducting 1 focus group, and subsequent thematic analysis to identify essential elements needed in Alberta K-12 schools to develop and maintain a healthy school community.
- Contributed to the preparation of progress and final reports to Alberta Health using the findings of data I analysed and collected from the reporting tool and interviews.

Master's Practicum Student in Evaluation

Jan '10 – Apr '10

Public Health Agency of Canada, Western Region

- Designed interview questions and conducted 13 semi-structured interviews to explore evaluation capacities and challenges for Healthy Living Fund communitybased projects. Analysed the data to inform the development of evaluation supports for current and future projects.
- Delivered an MS PowerPoint presentation at two national annual meetings of program and evaluation consultants describing methods, findings, and emerging trends and recommendations.
- Synthesized this evaluation into a one page summary for dissemination to program and evaluation consultants within the Public Health Agency of Canada.
- Adapted an evaluation planning and tracking template, based on interview findings, to be used as a potential evaluation support to current and future community-based projects.
- Facilitated a nation-wide teleconference with interviewed projects to share interview findings and receive feedback on the proposed evaluation planning and tracking template.

Research Assistant May '07 – Jul'11

Centre for Research on Inner City Health, Saint Michael's Hospital, Toronto

- In collaboration with the research team, recruited 152 homeless individuals from 17 homeless shelters across the Greater Toronto Area for participation in a research project on the management of chronic pain among homeless people in Toronto.
- Trained 2 interviewers in the interview and informed consent processes and interviewed over 50 homeless individuals.
- Quantitatively analyzed the data and drafted a manuscript detailing the findings and recommendations, and presented the research project to service providers, researchers, and university students at a national conference on homelessness.

Emma Wilkins

- Managed 6 interviewers and jointly coordinated 258 participant interviews at 54 sites across Ontario for the project entitled "A survey of domiciliary hostel program tenants in Ontario."
- Contributed to the writing of a final report on the status of Ontario's domiciliary hostel program for the Ontario Ministry of Health and Long-Term Care and the Ontario Ministry of Community and Social Services.

Professional Memberships

Canadian Evaluation Society – Alberta and NWT Chapter Evaluation Community of Practice – Tamarack Institute Inclusion Community of Practice - Edmonton

Board/Committee Membership

Chair School of Public Health Alumni Chapter

Board President Parkallen Pointe Condominium Corporation

Member School of Public Health Research Staff Support Group

Member Diversity & Inclusion Action Group, School of Public Health

Select Publications

Harris, J., Springett J., Croot, L., Booth, A., Campbell, F., Thompson, J., Goyder, E., Van Cleemput, P., Wilkins, E., Yang, Y. (In press). Can community-based peer support promote health literacy and reduce inequalities? A realist review. National Institute for Health Research Journals Library.

Stolp, S., Wilkins, E., Raine, K.D. (2014). Developing and sustaining a healthy school community: Essential elements identified by school health champions. *Health Education Journal*, DOI: 10.1177/0017896914541818.

Hwang, S., Wilkins, E., Chambers, C., Estrabillo, E., Berends, J., & MacDonald, A. (2011). Chronic pain among homeless persons: characteristics, treatment, and barriers to management. *BMC Family Practice*, 12, 73-82.

References

Available upon request.